

A close-up portrait of a man with short, dark hair and bright blue eyes. He is looking directly at the camera with a neutral expression. The background is a soft, light blue gradient. The text is overlaid on the top and bottom of the image.

Annual Report New Zealand Men's Health Trust

Raising Awareness of Mens Health

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Colleen Thurston
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Kath Burrett
Jeremy Goodwin
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Craig Polley
John Steer
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Lawyers

Carter Atmore Law

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Chairman's Report

It is with pleasure that I write my first report for the first New Zealand Men's Health Trust (NZMHT) AGM.

Several events have marked the start in the development of the Trust and each has been coordinated in a professional manner with goodwill and to create a fine sense of working values for the NZMHT.

Our prime objective is to develop our "Awareness Programme" for men of all ages from grandad to young teenagers by making them aware of the potential problems with their health and wellbeing that are part of our life and society today.

During the last 12 months the board has engaged in the development of a strategic plan that is reflective of our vision for the trust. While the board is clear on the strategic direction the Trust must now take, the implementation of these goals has been challenging due to the down-turn in the global economy.

The year in review

We wish to acknowledge and sincerely thank all our sponsors as without them the NZMHT would not have happened and as we all know, sponsors play a vital role in charities.

We acknowledge "The Lion Foundation" who has shown a belief in the trust with their grant, which has allowed us to open our office and employ our office manager.

"Wairakei International Golf Course" and their sponsorship has enabled us to start a programme of scholarships at Unitec (\$25,000) and also to enter into a research programme with the Auckland University of Medicine and Research for Prostate Cancer (\$10,000). The Trust has a further 2 year commitment to this research.

Parker Hannifin are the premium sponsors for our fund raising annual golf tournament. During 2008 this sponsorship enabled us to send one of our doctors from the Trusts medical team to a conference on men's health in Singapore.

This year due to the down-turn in the world economy it has been decided along with Parker Hannifin, that the money raised will be spent in New Zealand. Therefore a fellowship will be established to encourage more men to enter nursing as a profession, by providing funding in their early stages of training. This will be by application through Unitec.

To the many companies and individuals who help us through sponsoring at our golf day or many other functions run throughout the year, we sincerely thank you one and all.

Friends of the Trust

We are presently establishing the "Friends of the Trust". The Friends will be a group of individuals dedicated to assisting the NZMHT in fund raising. We welcome their support and trust they will develop the sense of camaraderie that will be the hallmark for the Trust.

The Board

During this year Julien Leys resigned, and Dr Graeme Washer has been appointed as a Trustee. I thank Julien for his contribution in co-coordinating the medical focus of the Trust's work.

As provided in the Trusts rules we have 3 board members retiring at our AGM, Kath Burrett, Jeremy Goodwin and John Steer.

I would first like to thank Kath a foundation member for her contribution. Her common sense and attention to detail were very much appreciated. She has worked hard during her time on the board.

To John Steer a foundation member, thank you for your guidance and financial expertise over the last 2 years. Jeremy Goodwin, our Lawyer and foundation member is to retire by rotation this year but has offered himself for re-election.

I wish to acknowledge and thank my fellow Trustees for their invaluable support and contribution. There is no doubt that the NZMHT now has the foundation stones in place to ensure the organization moves forward and continues to perform strongly, delivering on the Boards commitment to improve superior services to the health and well being of men, raise awareness of mens health issues, and play an important role in the community.

Colleen E Thurston

Chairman & Trustee

Medical Report

3RD Asean Conference on Men's Health

This large triennial international conference, held in Singapore, was attended by Dr Graeme Washer on behalf of the NZMHT. Keynote addresses were given on issues of delivery of healthcare to men particularly of differing socio-economic and ethnic origins, along with leading researchers on topics such as ageing, urological and hormonal matters. Dr April Young gave an outstanding address of a community study of deprived men in the USA; her message of appropriate delivery of relevant healthcare, especially to marginalised groups, has universal application. Dr Carol Goh of the Singapore Health Ministry initiated a cogent discussion of pharmaco-economics with particular reference to ageing populations.

Establishment of Unitec Wairakei Scholarships

We are close to finalising Scholarships to support and encourage young and mature men to train in Healthcare professions at Unitec. Discussions are continuing as to how best to encourage continuation of studies for students struggling to meet costs, while rewarding high achievers. We predict that a long-term relationship with Unitec will be highly beneficial to the Trust and to successive student intakes.

Parker Hannifin Scholarships

Parker Hannifin have generously continued financial support and our intention is to extend the assistance to men studying for Healthcare roles.

Awareness Presentations

Invitations have been accepted for Guest Speaker engagements at Rotary Clubs. Two of these talks on the broad topic of Mens Health have been very well received and useful contacts have been made with many Rotarians, male and female, who have been enthusiastic and supportive to the Trust.

An exciting initiative is being developed for larger scale presentations, to take the Health message to men in various work and recreational locations. A very successful meeting in Katikati organized by a local Practice Nurse with support from local pharmacies, doctors, service clubs and town council has encouraged us to develop this model under the NZMHT banner.

Preliminary meetings are taking place in Taupo where the first "NZMHT Roadshow" will take place later in 2009.

One Day Health Summit

Dr Graeme Washer attended this One-Day Summit at the invitation of the Ministry of Health. The Conference was organized as an initiative of Hon. Damian O'Connor, who was delegated a Men's Health Portfolio as part of his work as Deputy Minister of Health in the last Labour Government. This meeting brought together for the first time, a very wide range of individuals and bodies including Primary Care, District Health Boards, Maori Men's groups and others, many of whom had been unaware of the others. The chief messages were an obvious lack of co-ordination and government policy along with an urgent need for health, social and economic reasons to improve the health and wellbeing of New Zealand men.

Development of Links with Primary Care

Discussions have begun with the Department of Primary Care at Auckland University School of Medicine regarding an improvement in the profile of Men's Health issues in the undergraduate curriculum and about possible opportunities for Mens Health research in Primary Care supported by the Trust.

Establishment of Broader Medical Teams

A broader medical group will be required to advise the Trust and develop resources and material for our work. To this end representatives from Oncology, Urology, Cardiology and Primary Care are being sought to form a panel to work with the fundraising and Grant sections of the Trust to ensure that our efforts are effective as the momentum of the Trust increases.

Graeme Washer MB ChB FRACS
Medical Advisor & Trustee

Sponsorship Report

Cornwall Park Restaurant - Fathers Day Luncheon

In September 2008, The Trust was invited by Dean Johnson to feature at a Father's Day Luncheon at Cornwall Park Restaurant. We participated with brochures on tables and provided a Trust banner for the event. We will take part in this event again in September 2009.

CSP Pacific

Craig Polley was invited to speak in September 2008 at a CSP Pacific health and safety meeting. CSP Pacific form part of Fletcher building group. 50 male employees attended the Presentation which covered the aims of the Trust and the benefits of regular medical checkups. The men attending represented an age range of early 20's to early 60's. A quick fire random show-of-hands survey, revealed that only five participants had attended a medical check-up in the preceding twelve months. CSP Pacific became a sponsor in our golf tournament in 2009.

Big Boys Toys

The Trust has been in on-going discussions with DMG World Media in regards to the Trusts involvement in the up and coming Big Boys Toys Show (November 13 – 15 2009). They have confirmed that Trust will have involvement and be a named sponsor with a stand at the event with interactive health Information and a personal interview with a team of nurses in suitable dress. This is an important opportunity to promote the Trust and to inform visitors to the Show on health issues.

Employers & Manufacturers Association

Steve Grbic and Craig Polley attended several meetings with the Employers and Manufacturers Association. The Trust has had an article published in the EMA's monthly magazine, to promote the Trust and raise awareness of its aims. The publication has a distribution base of 10,000 businesses. Further articles are planned for future issues of the publication.

NZ PGA

The Sponsorship Team are currently working closely with the NZPGA towards a series of events being held throughout the year. There will be ninety events involving nine thousand golf players from September to

April 2010. We look forward to our involvement with the NZPGA throughout the coming year.

Craig Polley & Steve Grbic
Tustee & Associate Trustee

**STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2009**

	<i>This Year</i>	<i>Last Year</i>
GENERAL FUNDS		
Accumulated Surplus	94,938	36,614
CURRENT ASSETS		
ASB Bank Cheque Account	31,398	42,842
ASB Bank Term Deposit	137,831	-
Accounts Receivable	5,220	1,440
	<u>174,449</u>	<u>44,282</u>
TOTAL ASSETS	174,449	44,282
CURRENT LIABILITIES		
Accounts Payable	10,142	6,781
GST Payable	1,101	907
Income in Advance	68,287	-
	<u>79,510</u>	<u>7,669</u>
TOTAL LIABILITIES	79,510	7,669
NET ASSETS	<u>\$94,938</u>	<u>\$36,614</u>

[Handwritten signatures and initials over the table]

C E Thurston

[Handwritten signature]

J D Steer

18.6.09

Date

18.6.09

Date

**STATEMENT OF FINANCIAL PERFORMANCE
FOR THE YEAR ENDED 31 MARCH 2009**

	<i>This Year</i>	<i>Last Year</i>
INCOME		
Events Surplus	-	31,692
Interest Received	6,012	744
Donations Received	<u>77,450</u>	<u>6,685</u>
	83,462	39,121
EXPENSES		
Bank Charges	-	30
Insurance	1,050	1,050
Office Expenses	841	-
Postage	133	133
Promotion	1,549	1,283
Rent	<u>4,225</u>	<u>-</u>
TOTAL EXPENSES	<u>7,799</u>	<u>2,507</u>
NET SURPLUS BEFORE GRANTS	75,663	36,614
Grants Paid	<u>17,338</u>	<u>-</u>
NET SURPLUS FOR YEAR	<u>\$58,325</u>	<u>\$36,614</u>

**STATEMENT OF MOVEMENTS IN GENERAL FUNDS
FOR THE YEAR ENDED 31 MARCH 2009**

	<i>This Year</i>	<i>Last Year</i>
GENERAL FUNDS AT START OF PERIOD	36,614	-
Not Surplus for the Period	58,325	36,614
GENERAL FUNDS AT END OF PERIOD	<u>94,938</u>	<u>73,228</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2009

1 STATEMENT OF ACCOUNTING POLICIES

These are the financial statements of New Zealand Mens Health Trust. New Zealand Mens Health Trust is a Charitable Trust established under Charitable Trusts Act 1957. The Trust is reporting pursuant to the requirements of its Trust Deed.

The financial statements have been prepared in accordance with generally accepted accounting principles.

The Trust qualifies for differential reporting based on the following criteria:

- It is not publicly accountable and
- The Trust is 'not large' as defined by the New Zealand Institute of Chartered Accountants.

The Trust has adopted all available differential reporting exemptions.

Measurement System

The measurement system adopted is that of historical cost.

Particular Accounting Policies

The following is a summary of the significant accounting policies adopted by the Trust in the preparation of these financial statements:

Accounts Receivable

Accounts receivable are stated at their estimated realisable value.

Goods and Services Tax

Financial information in these accounts is recorded exclusive of GST with the exception of receivables and payables, which include GST. GST payable or receivable at balance date is included in the appropriate category in the Statement of Financial Position.

Income Recognition

Income is recognised when received, except for event income received for an event not yet held or actions that have not yet occurred. The yet to occur income is recorded as income in Advance.

Changes in Accounting Policies

There have been no changes in accounting policies. All policies have been applied on bases consistent with those used in previous years.

2 CONTINGENT LIABILITIES

There are no contingent liabilities at year end (31 March 2008: \$Nil).

3 COMMITMENTS

The Trust has entered into grants commitments for Prostate/Oncology research and radiography imaging:

2009	\$35,000
2010	\$10,000

There are no capital commitments at year end (31 March 2008: Nil).

We acknowledge the grants, donations and sponsorship provided to the New Zealand Men's Health Trust.

Major Contributors

The Lion Foundation

Wairakei International Golf Course

Parker Hannifin (NZ) Limited

Other Contributors

Adrienne Winklemann

AJ Park Ltd

Angela Ward

Ardmore Airport Ltd

Auckland Dermatology

ASB Bank Limited

B & D Risetto

Barworks Ltd

Barrie & Trish Everard

Bedpost NZ

Blacktop Construction

Boric and Sons

Boston Digital

Bowden Holdings

B & L Burrett

Briscoe Group Limited

C Allen

Carlton Party Hire

C & P Carran

Carter Atmore Law

Chambers Gift Shop

CSP Pacific

Cusine Magazine

D & E Lunken & Friends

D Levene Foundation

Douglas Pharmaceuticals

Delmaine Fine Foods Ltd

Edward Memaine

Emergent Temping Resourcing

Glenda Sloane

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Envirowaste Services Limited

Estee Lauder Ltd

Fosters Group

Hyde Group Ltd

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Pakuranga Country Club

Palmers Garden World

ParNZ

Partridge Jewellers

Peter Hay Kitchens

Peter & Adrienne Webb

Portland Investment Management Ltd

Property Frontier

Quince Café

R D Horton Estate

Rugs Oriental

Sir John Logan Campbell Residuary Estate

South Auckland Motors

S & K Burrett

Spencer Legal

Stuart Matthews Penrose Ltd

SW Owens Family Trust

Thurston Family Trust

Total Care Hair & Beauty

T M Farmer Trust

Under Par Golf Equipment Ltd

Worldwide Business Centres Limited

Yealands Estate Wines

Youthtown



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